

MAIN TENANCE WORK IN SUB STATION

- ① PRE WORK DISCUSSION
- ② HAZARD CHECK LIST
- ③ CONTROL HAZARDS
- ④ CONTINUALLY MONITOR
- ⑤ PERSONAL PROTECTION EQUIPMENTS.

IDENTIFY LOCATION OF EMERGENCY PUSH
BUTTON OR PULL OUT GEAR ?

Y/N

IS THERE ANY FIRST AID CLOSE BY ?

Y/N

ARE ALL MEMBERS OF THE CREW FIT TO
PERFORM?

Y/N

DOWE NEEDED ADDITIONAL STAFF (OR) EQUIPMENT
TO PERFORM THE TASK ?

Y/N

ANY TRAFFIC RISK ?

Y/N

ANY SITE ENTRY (OR) PIT HAZARD

Y/N

WEATHER CONDITION

ANY MANUAL LIFTING HAZARD?

Y/N

STEP (3) CONTROL HAZARDS

TRAFFIC SIGNS & CONTROLLERS

RED AND WHITE WARNING TAPE AROUND WORK AREA

LIGHTING

USE RCD PROTECTED LEADS

USE NON METALLIC LADDERS

STEP (4) CONTINUALLY MONITOR

IS IT SAFE TO COMMENCE WORK? Y/N

LONG SLEEVED COTTON SHIRT AND TROUSERS

SAFETY FOOTWEAR

SAFETY HELMET

STEP(S) PERSONAL PROTECTIVE EQUIPMENT

LONG SLEEVED COTTON SHIRT AND TROUSERS

SAFETY FOOTWEAR

SAFETY HELMET

PROTECTIVE EYE GEAR

GLOVES (MECHANICAL)

L.V INSULATING GLOVES

HEARING PROTECTION

L.V RELEASE / RESCUE KIT

FIRE EXTINGUISHER

STEP (1) PRE - WORK DISCUSSION

DISCUSS THE WORK IN DETAIL WITH TEAM. HIGH LIGHT SAFETY ISSUES

STEP (2) HAZARD CHECK LIST

HAVE PLANT EQUIPMENT & TOOL BEEN CHECKED ?	Y / N
ARE ALL STAFF AT SITE BRIEFED ON THEIR ROLES ?	Y / N
ARE THERE ANY IN-EXPERIENCED STAFF ON SITE ?	Y / N
ARE WE WORKING IN CONJUNCTION WITH OTHER STAFF OR CONTRACTORS ?	Y / N
ARE ALL STAFF AUTHORISED AND IN DATE WITH THEIR STATUTORY TRAINING ?	Y / N
IS THERE SAFE ACCESS TO SITE ?	Y / N
CAN THE TASK BE DONE SAFELY ?	Y / N
IS THERE A PHONE IN PLACE ?	Y / N

IDENTIFY LOCATION OF EMERGENCY PUSH
BUTTON OR PULL OUT GEAR ? Y/N

IS THERE ANY FIRST AID CLOSE BY ? Y/N

ARE ALL MEMBERS OF THE CREW FIT TO
PERFORM ? Y/N

DO WE NEED ADDITIONAL STAFF (OR) EQUIPMENT
TO PERFORM THE TASK ? Y/N

ANY TRAFFIC RISK ? Y/N

ANY SITE ENTRY (OR) PIT HAZARD Y/N

WEATHER CONDITION

ANY MANUAL LIFTING HAZARD ? Y/N

STEP (3) CONTROL HAZARDS

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STEP (4) CONTINUALLY MONITOR

IS IT SAFE TO COMMENCE WORK? Y/N

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STEP (5) PERSONAL PROTECTIVE EQUIPMENT

LONG SLEEVED COTTON SHIRT AND TROUSERS

SAFETY FOOTWEAR

SAFETY HELMET

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GLOVES (MECHANICAL)

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FIRE EXTINGUISHER

SAFETY PROCEDURE AND METHOD TO ASSESS THE RISK AND TO REDUCE THE RISK

SIX SAFETY METHODS ARE

- ① THINK - BE AWARE
- ② UNDERSTAND YOUR PROCEDURES
- ③ FOLLOW YOUR PROCEDURES
- ④ USE APPROPRIATE SAFETY EQUIPMENT
- ⑤ ASK IF YOU ARE UNSURE. DO NOT ASSUME
- ⑥ DO NOT ANSWER, IF YOU DO NOT KNOW

DE-ENERGISATION

- ALL ENERGY CONTROL DEVICES FEEDING THE WORK MUST BE OPEN.
- LOCKS AND TAGS SHALL BE PLACED ON THE ENERGY CONTROL DEVICE

